

“DEMOCRACY YOUTH BUILDERS”

Erasmus+ KA3 – Structured Dialogue – phase I

3rd – 9th September 2018 Łódź, Poland



SUMMARY OF THE PROJECT

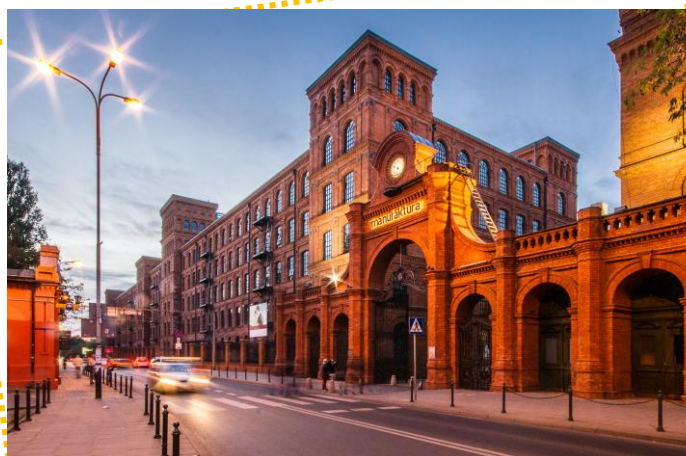
Our KA3 is named "Democracy Youth Builders!" and it is an Erasmus+ project aimed at Dialogue between young people and policy makers which pretends to boost and promote joint decision-making between young people and Institutional actors at local and European level.

The long-term action includes 2 youth seminars to be developed in 2018 in Poland and in Italy. The project has been tailored by 6 Programme Countries Partner organizations and their youth societies coming from Poland, Italy, Spain, Croatia, Macedonia and Estonia. The project has as a basis the interaction to a open dialogue and to build bridges for intervention and concrete, direct collaboration in the field of democracy building (human rights, decision-making, and youth work).

Our objectives will be:

- Promote and discuss on European democracy and values via structured dialogue and participation,
- Embrace inclusive and harmonic cooperation and synergies between youth and decision-makers,
- Involve youth in political decision-making by organizing simulations, workshops and youth seminars/conferences aimed at exploring the relevance of active citizenship of young people,
- Produce effective engagement of youth as equal partners for the recognition of the rights of all young people to participate at all levels of decision-making and to make productive use of their knowledge, perspectives and experience,

- Contribute to policy-making and commit youth to develop strategies and establish action plan to embrace European values as equality, respect and human rights,
- Empower the role of youth work and civil society organizations for democracy building action via joint recommendations,
- Promote structured dialogue with the support of Erasmus+ which proves that youth have means to express their political perspective and EU values.



PARTICIPANTS

Participants are active youth workers, educators, youth leaders and representatives of our Organizations. All of them should fall into this amazing profile:

- be aged between 18 and 30 years (except the Young Politician leading the group, aged 18+)
- be a youth leader and multiplier, actively involved in a youth Organization or governmental service at national or international level, working with young people
- be interested in the development of tools and strategy for youth inclusion in decision-making
- be active in strengthening the role of youth work within youth organization and accordingly formulate joint recommendations processed in groups
- be in a position to take on responsibilities within their Organization after the course be ready to learn and further develop their personal competences
- be well informed about their Organization and prepared to explain its activities to the other participants
- be able to work in one of the two working languages of the course - fluent English and possibly basic French (Applicants must have sufficient understanding of either of the working language of the course)
- be committed to attend the full duration of the course

- be actively supported by their youth Organization or institution - before, during and after the project.

Attention: this project has 2 phases (one in Poland and a second one in Italy) – at least 2 people of each national Team must be present in the second phase of the project to insure of the quality of the ongoing process of young political democracy building! ☺

TIMETABLE OF THE ACTIVITIES

All participants are required to arrive to the venue at the due time on 3rd September and leave on 8th September before lunch. Activities are compulsory to attend at all time.

The timetable of the activities is structured as follows (Attention: it's a tentative schedule!):

	03.09.2018 Monday	04.09.2018 Tuesday	05.09.2018 Wednesday	06.09.2018 Thursday	07.09.2018 Friday	08.09.2018 Saturday	09.09.2018 Sunday
7.00 9.15							
9.30 11.00	Arrivals	European Narrative - the Seminar: principles and values	Human Rights in Europe Joint debates: Decalogue on youth actions	Laboratory of ideas	European values and final conclusions	Official presentation of Joint Recommendation plan	Departures
11.00 11.20							
11.20 13.00	Arrivals	Youth Participation and Active Citizenship: think thanks and	Active Participation in Europe	Laboratory of ideas	Action plan design	Closing of the last details and reviews	Departures

		presentations	Joint debates: approach to Joint Recommendations				
13.00 15.00							
15.00 16.30	Intro to the project, stakeholders and Organizations.	European Strategy for Democracy Steps: EU Narrative VS Euro-scepticism I	Youth Work in Europe Joint debates: approach to Joint Recommendations	Laboratory of ideas	Joint discussion: simulation of decision-making process	The Erasmus+ Programme and the Structured Dialogue	Departures
16.30 16.50							
16.50 18.15	Team building activities and project's informal chat on expectations and outputs	European Strategy for Democracy Steps: EU Narrative VS Euro-scepticism II	The process of decision-making and structured dialogue	Laboratory of ideas	Round table: simulation of decision-making process	Transition analysis + 2 nd Phase planning	
18.20 18.40	Preparation of countries' teams	Evaluation and Review	Wrap-up	Wrap-up	Evaluation and Review	Closing Conference	
19.00							
20.30	Informal round table and walk	ICE - Inter Cultural Evening	Free Time / Night Out in the city	Dinner Out in Łódź by night	Free Time	Bye bye and "See you soon Party"	



PREPARATION PHASE & WHAT TO BRING

The Erasmus+ participants will have a preparation phase led by Europejska Fundacja Rozwoju Czlowieka and the Pool of Experts of the Structured Dialogue project.

We kindly ask participants to bring their **laptops or any electronic device** that can be used to develop some tasks and support the implementation of the project. We also invite all participants to bring with themselves **materials regarding their sending organizations**, as we will have a moment of sharing about youth work and our sector in the framework of our NGOs.

In addition to this, and for your own use, we suggest to bring with you:

- We invite all participants to bring with food and beverages for the InterCultural Evening! ☺
- To prepare a presentation of problems of democracy building in our countries and current youth policies in our countries
- To bring some sample/example of participation, human rights support or youth activism at a local level
- To take the smile of you in Poland! ☺



VENUE

The Erasmus+ project “Democracy Youth Builders” will take place from 3rd to 9th September 2018 in Łódź, Poland. The venue of the project is:

[HOSTEL CYNNAMON](#)

Ul. Sienkiewicza 40,

90-001 Łódź (Poland)

All participants and experts are kindly requested to arrive at the venue not later than 15.00 on 3rd September, as we begin our sessions at 16.30 the same day.

The Hostel features equipped rooms (double, triple and quadruple ones), shared bathrooms and general cleaning service; our session will take place in another working room, which makes us walk for 5 minutes approx. Working rooms and spaces are settled and distributed at educational centre in the most convenient way for our project development and considering the action of the project.

Food will be served according to the schedule at the Hostel, taking into consideration all kind of special needs of our fantastic participants. ☺

Wi-fi is working in all the buildings and working spaces.

The Coffee Breaks have a personalized area, while InterCultural Evening will have a different room only for our group.

INTERCULTURAL EVENING

Please, agree within your national team on what foods, beverages and short presentations/videos to delight the project family... we just wait for the best! Dances, songs, short and funny language samples... we will be all eyes and ears to enjoy.

Take into account that we cannot use kitchen, so get in touch with us for your ideas, and we will arrange and prepare everything we can! **PS. Don't forget to bring your national flags!**

TRAVELLING TO ŁÓDŹ

- If you look for bus tickets in or from Central Europe we suggest you FlixBus (<https://www.flixbus.com>) which connects Poland with many different countries
- If you look for train tickets, this is the PKP National Network for railways website: <https://www.intercity.pl/en/>

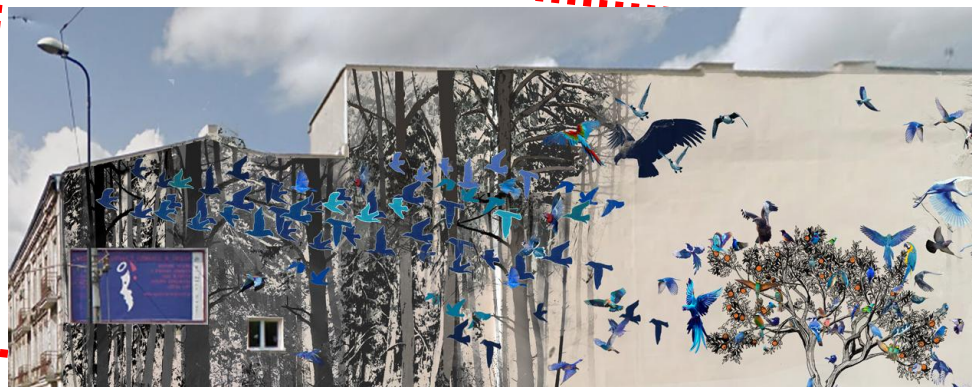
- If you look for flights connecting your countries to Poland, we suggest flying to Łódź Władysław Reymont Airport, Warsaw Chopin Airport or Warsaw Modlin Airport. Different companies are flying to Poland, and you must always consult with us prior the booking.

Attention: Before you book your flight tickets, please send us your travel plan and communicate with us at eurofrc@gmail.com to get confirmation and support for determining all details of your trip.

A good website for comparing prices of almost all flights and airlines is: www.skyscanner.net

IMPORTANT:

- If you arrive to the train station Łódź Fabryczna, we suggest to walk 5-8 minutes by walk to reach Hostel Cynamon.
- If you arrive the new train station Łódź Kaliska, you will need to bring the tram number 12 which leave you behind of the street where the Hostel is.



TRAVEL & REIMBURSEMENT CONDITIONS

Travel expenses will be reimbursed according to the Erasmus+ Programme rules and regulations. The maximum allowances are so far distributed:

Spain: 360,00€

Estonia: 275,00€

Italy: 275,00€

Macedonia: 275,00€

Croatia: 275,00€

To get your reimbursement we compulsory require:

1. e-Ticket / receipt / invoice from online or agency booking
2. Your boarding passes/travel tickets in original, used to travel to/from Poland

Please, bear in mind that we cannot reimburse your travel costs unless we receive the mentioned documentation (we must provide proof of them to the Polish National Agency for Youth). To have your expenses fully reimbursed, **please book 'two-way' tickets** (incl. bus/train etc.).

Dates must be corresponding to the project dates of arrival and departure.

Please, do not book your travels without our confirmation or permission. Before booking tickets or planning your trips you should always contact us and send us a travel plan which has to be approved in compliance to the project and Erasmus+ rules. Once the travel plan will be approved, then you will be able to proceed to book.

Reimbursements will be made via bank transfer to the partner organizations after you send back the documents of return trip, and payment of bank transfer fees will be borne by recipients. The costs of travel by private car cannot be reimbursed.

Local transport companies and vending machines in Łódź accept bank cards.

Please note that we cannot support extra days, and that the Polish National Agency does not support the fact of staying longer for any reasons, unless force majeure is applied.

For any question or special circumstance, please turn to us in order to find suitable solutions.

CURRENCY

The official currency of the Republic of Poland is the Złoty (PLN, zł).¹

Change rate: 1,00 EUR = 4,23 PLN²



¹ All project's financials and calculations are calculated in Euros (EUR, €) in compliance to the Erasmus+ Programme rules

² Rate for October 2017. For updates, please check the European Central Bank rates: https://www.ecb.europa.eu/stats/policy_and_exchange_rates/euro_reference_exchange_rates/html/index.en.html

We suggest you to change your currency beforehand or once arrived at the airport/station in Poland for your personal expenses (accommodation and meals are fully provided for all duration of the project).

INSURANCE

Participants are required to have insurance cover for the entire duration of the project. Insurance is obligatory for your safety and health. The **European Health Insurance Card** is valid in Poland and it is recognized in all medical centers. In case you have the card, you do not need to have additional insurances.

THE CITY OF ŁÓDŹ

Łódź is located in the heart of Poland at a crossing point of many important European routes. Łódź is only 125 km away from Warsaw – the capital of Poland. It is the 3rd biggest city in Poland.

If you look at the pictures around the Infopack, you will see that they are some of the hundreds murals all over the city... and they are extremely attractive for all foreigners coming to visit our fantastic and vibrant city!

The city is located in the heart of Poland at a crossing point of many important European routes. At the beginning of the 20th Century, Łódź was influenced by four cultures. The Polish, Jewish, German and Russian inhabitants contributed to the rich and diverse cultural background of the city. The local architecture and history attract a great number of tourists daily.

Tenement houses and great residences are now regaining their splendor. The revitalized structures have been transformed into lofts, commercial and entertainment complexes and art centers. Nowadays the complexes of the 19th century industrial age are unique on a European scale. You will find here some of the finest examples of Classicism and Italian Neo-Renaissance, through Neo-Baroque and Art Nouveau to Neo-Gothic and Neo-Roman styles of architecture.

For more info: <https://en.wikipedia.org/wiki/%C5%81%C3%B3d%C5%BA>

WEATHER IN ŁÓDŹ

For weather forecasts you can check here prior departure: <https://www.accuweather.com/en/pl/od/274340/weather-forecast/274340>



CONTACTS

For further information, do not hesitate in contacting us:

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- Mr Konrad Dzieścielewski, Secretary General eurofrc@gmail.com +48727936030

ON SOCIAL MEDIA

 <https://www.facebook.com/EuroFrc>

  @EuroFrc

Dedicated Facebook Group (please, request the access): <https://www.facebook.com/groups/365174617305292/>

HOW TO REGISTER (only for confirmed participants)

In order to register to the Erasmus+ project “Democracy Youth Builders”, please follow the link below **not later than 10thth August 2018**: https://docs.google.com/forms/d/1ci4QhowuOx6e6imuob5FRY_PFFJR31NUbaHhktg204Y

WE WAIT FOR YOU TO TAKE PART IN “Democracy Youth Builders”! ☺

