

Let's explore the labour market

ERASMUS+ KA1 YOUTH EXCHANGE

Zakopane, Poland

November, 12-21, 2019

23 May - 1 June 2020



Main details about project

Title: *Let's explore the labour market*

Place: Zakopane, Poland

Accommodation: Willa Józef, Harenda 34, 34-500 Zakopane

Exchange dates: 12-21 November, 2019

23 May - 1 June, 2020

Countries: Italy, Spain, Croatia, Poland

Participants: 7 participants + 1 leader

Age: 18 to 30 years old

Language: Project will run in English, so each person has to speak it at least on the communicative level

Coordinator: Michał Krózel



Project description

We started this project by conducting thorough research on the situation of young people on the labor market.

Getting to know deeply the needs of young people in culturally different countries, located in a different economic reality. Although young people nowadays have access to the Internet, it does not help them in finding a job. The internet is a good source, but no one filters it, so there is a lot of not real information that is misleading to unaware people. Therefore, we decided to create a project that will respond to the needs of people who will enter the labor market or are already on it in the near future. It would seem that information about a CV or cover letter can be found everywhere, but this is not always the correct information, and sometimes there is too much of it. We want to create a platform for young people so that they can also exchange their experiences and ideas. We also want to stimulate a sense of entrepreneurship and confidence among young people.

These activities support the goal of the program, which is the sustainable development of partner countries in the field of higher education, complementing the classic education system with modern methods based on non-formal education.



Project targets

1. Developing young people's knowledge about the labor market and its basic elements, e.g. CV, letter motivational interview or job search tools (Linkedin)
2. Developing soft skills among participants that are highly valued in the labor market and language skills that are among the basic requirements of employers.
3. Spreading knowledge about European Union member countries, stimulating curiosity the world and shaping cultural awareness.
4. Creating positive attitudes among young people, such as tolerance and respect for cultural diversity, entrepreneurship, activity, stress resistance, creative problem solving, willingness to help other people.
5. Creating a platform for the exchange of thoughts, experiences or good practices between different ones countries associated within the European Union.
6. Creating Youthpass certificates that will be a formal certificate of participation in the project and strengthen the reflection process among young people.



Methodology

The whole project will be based on non-formal learning:

Approaches: Learning through challenges; Holistic approach; Experiential Learning; Diversified Education; Personal contribution and responsibility for education.

Elements:

- workshops,
- simulation exercises,
- team building exercises and name games,
- speeches and presentations,
- active discovery of the venue and sightseeing activities,
- interviewing local population,
- cultural presentations organized by the participants,
- cognitive visits,
- daily reflections and final evaluation.



Accommodation

„Willa Józef” in Zakopane in Tatry Mountains, Poland

- double, triple and quadruple rooms with bathrooms;
- full board; conference room, highland cottage;
- swimming pool;
- table tennis and billiard;
- basketball and volleyball pitch;
- address: Harenda 34, 34-500 Zakopane
- more information and photos at: <http://www.zakopaneharenda.pl/>

Fundacja Szukamy Talentów



Erasmus+





Travel

There are two additional travel days for participants from: Spain, Italy and Croatia. We applied for it, because a long distance or not really good and comfortable plane connections with south part of Poland. Please keep all tickets, invoice and other travel documents, which will be necessary to reimburse travel costs.

<i>Country</i>	<i>Organization</i>	<i>Number of participants</i>	<i>Travel cost (euro)</i>
<i>Croatia, Sibenik</i>	UDRUGA MLADIH	7	275 euro
<i>Spain, Malaga</i>	AJ INTERCAMBIA	7	360 euro
<i>Italy, Padova</i>	Futuro e Progresso	7	275 euro
<i>Poland, Zakopane</i>	Szukamy Talentów	7	-----



Practical information

- We highly recommend that participants have the European Health Card.
- Currency in Poland is PLN (złoty), 1 euro = 4.20 PLN
- From November to March is a winter period, and as Zakopane is located in mountains it can very cold and snowy, so please bring with you warm clothes.
- Please take also: towels, personal care products, such as shower gel, shampoo, comb, etc.
- If it is possible, please bring laptops, as it can be useful during workshops, Youthpass fulfilling and evaluation of exchange.



Cultural nights

Each country will have opportunity to present their country, culture and habits. In order to do it properly, please prepare:

- Presentation/quiz/movie about topic connected with you culture/country
- Some traditional stuff connected to your country: food, drinks, clothes, music etc.
- Some information about your organization.
- Brochures, books, postcards from your country.

It would be great if prepared presentation, games etc., would be interactive, to involved other participants. You can also teach us how to dance, sing or whatever you would find more interesting. Be creative! 😊 No certification or special skills are required, just bring your enthusiasm and experience the project in its proper and cheerful mood!



Contact details

If you have any question or need help please use:

- **email:** michal.krozel.europe@gmail.com
- **Facebook:** [Michał Króźel](#)
- **Profile:** <https://www.facebook.com/michal.krozel>
- **Phone number:** +48 793 738 058



ACTIVITY PROGRAMME FOR A YOUTH WORKER MOBILITY						
Activity n°	1					
Participating organisations	Szukamt Talentów (Poland), Futuro e Progresso Associazione di promozione sociale (Italy), ASOCIACION JUVENIL INTERCAMBIA (Spain), UDRUGA MLADIH MLADI U EUROPSKOJ UNIJI (Croatia)					
Venue			Duration			
City/Town	Country	Start date	End date	Activity duration (excluding travel days)	Travel days	
Zakopane	Poland	11/12/2019	11/21/2019	10	2	
Activity Programme						
Timetable	Activities	Non-formal and informal learning methods used				
DAY 1						
TILL 1.00 PM	Arrival of all participants					
3.00 - 6.00 PM	Project introduction, integration, team-building	Introduction to the project, description of goals and assumptions. Games and plays using non-formal education methodology. First work in mixed groups, discussion, brainstorming				
9.00 PM	Integration evening	Playing board games, cards etc.				
DAY 2						
10.00 AM - 11 AM	What is the labor market?	Creative workshop, youngsters will have to find words related to each letter from the word "labor market", which they will then create definitions for.				
11.30 AM - 1 PM	Good employee vs good employer	The youth will be divided into 4 mixed groups. Two of them will work on the employee, and two on the employer using flipcharts, their task will be to draw their associations and present the profile of the ideal employee / employer.				
3.00 PM - 7.00 PM	CV workshop	Firstly, young people will take part in the lecture, which will introduce different types of CVs. They will then be divided into groups and I will create a CV for a randomly chosen profession. They will work in international groups to then present the results of their work.				
od 9 PM	Italian evening	This evening will be devoted to Italian culture, where young people from this country will present their culture.				
DAY 3						
10.00 AM - 1 PM	Spanish workshop	This time will be dedicated to participants from Spain who will conduct their own workshop.				

3 PM - 6 PM	Interview - it's easy!	This workshop will consist of playing scenes related to the interview. A video of the most common questions encountered during recruitment will be played. Participants will work in groups of 2, taking on the role of a recruiter, and once as a recruit, and then change. After the role plays, they will play the rest of the film in which the "perfect answer" will be presented.
<i>DAY 4</i>		
10.00 AM - 1 PM	Polish workshop	This time will be dedicated to participants from Poland who will conduct their own workshop.
3 PM - 6 PM	Is a cover letter still needed?	This workshop will be conducted in the form of a discussion, whether in the times of LinkedIn, a cover letter is not accidental yet. Then, depending on the outcome of the discussion, young people in international groups will work on a cover letter or other form of expression that they believe may be a substitute for such a letter.
od 9 PM	Croatian evening	This evening will be devoted to Croatian culture, where young people from this country will present their cultures
<i>DAY 5</i>		
10.00 AM - 1 PM	Croatian workshop	This time will be dedicated to participants from Croatia who will conduct their own workshop.
Reszta dnia	Free time	
<i>DAY 6</i>		
10.00 AM - 1 PM	Italian workshop	This time will be dedicated to participants from Italy who will conduct their own workshop.
3 PM - 6 PM	Modern recruitment tools	As part of this workshop, participants will create a presentation on recruitment tools, e.g. LinkedIn.
od 9 PM	Polish evening	This evening will be devoted to Polish culture, where young people from this country will present their culture.
<i>DAY 7</i>		
Cały dzień	City game - "the work of my dreams"	Youth divided into groups will have the task of finding their dream job for themselves, which will require reaching a consensus between them. Then their goal will be an interview with a person who works in such a position and its recording, and then take a photo with this person. The second point of the visit will be the employment office in Zakopane, where they will learn how to apply for a specific job.
<i>DAY 8</i>		
do 1 PM	Free time	Young people will be able to spend this time integrating with each other or playing games. It is also possible to organize a trip to Morskie Oko.
3 PM - 6 PM	Exchange summary	Youth, individually or in groups, will write articles, create videos or other forms of expression that will aim at summarizing the exchange and disseminating its results.
from 9 PM	Spanish evening	This evening will be devoted to Spanish culture, where young people from this country will present their culture.
<i>DAY 9</i>		

10 - 12 AM	How to increase the chance on the labor market	Youth will work in groups developing ideas related to how to increase their chances on the labor market. Then there will be a discussion on the form of the whole group.
2.30 - 6 PM	Fighting unemployment	There will be a brainstorming to develop ideas to combat unemployment and the problem itself
9:00 PM	Presentation of project results	
<i>DAY 10</i>		
10 - 11 AM	Time for reflection and a summary of the exchange	
11 - 12 AM	Completing Youthpass certificates and evaluating the entire stay.	
3:00 PM	Ceremonial summary of the exchange, handing out certificates. End of exchange	